



# **Parkinson's Disease to Go: Traveling with Confidence**

Presented by:

**Allison Lipnick, LCSW**

Licensed Social Worker, NW PADRECC

**Friday, June 8th, 2012 10:00 a.m. to 11:00 a.m. (PST)**

**Portland VA Medical Center - Building 100, Auditorium**

Call us for teleconference locations

## **Objectives:**

- Discuss how to plan a safe and enjoyable trip
- Propose strategies for travel management, including maintaining your medication schedule and how to access medications and medical assistance while away
- Identify emergency resources while away from home

**This event is free and open to Veterans, Patients, Caregivers, VA Employees, and Health Care Providers.**

**Please call to sign up**

**503-721-1091 or 1-800-949-1004 ext. 51091**



Sponsored by: The NW PADRECC

Parkinson's Disease Research, Education & Clinical Center

[www.parkinsons.va.gov/NorthWest](http://www.parkinsons.va.gov/NorthWest)